## Can participants access the plan using their phones?

Yes. When participants download the mobile app, they can access their retirement account balances whenever and wherever they choose, quickly and easily. Participants can check their balances, see transaction activity, change investment elections, request distributions and stay informed about market activity. They can even contact our Service Center and get answers to their specific questions on the go. The Sentinel application is available from the iTunes App Store, Google Play or Blackberry App World.

