

November 2022 - Tracking Your FSA & HSA Expenses

November 2022

- Audience: FSA & HSA participants
- Topic: Tracking Your FSA & HSA Expenses
- Release date: November 30, 2022
- Access Email copy: [Tracking Your FSA HSA Expenses.msg](#) 

Preview:



Tracking Your FSA & HSA Expenses

Did you know that your Sentinel online account provides you with an easy way for you to track your Flexible Spending Account (FSA) & Health Savings Account (HSA) expenses? This tool is called the Expense Tracker. Here are two scenarios where this tool may be useful:

Download your spending history to plan for next year.

If you're enrolled in an FSA, you know that it can be tricky to plan your expected spending from year-to-year. However, with your Expense Tracker you can look back at your historical spending with Sentinel to help plan for the future. To access Expense Tracker, follow the instructions outlined below. Once you're on the Expense Tracker page, scroll down to review your spending by expense type, by member of your family, and even by each of your family's providers. You can also click on "Export Expenses" to download this information into Microsoft Excel.

Save expenses to be reimbursed in the future.

With an HSA, you have the opportunity to draw off of your HSA for expenses incurred after you open account any time for the rest of your life. So, you may want to save your expenses and create a virtual shoebox of qualified expenses that you can apply for reimbursement against in future years. This is where Expense Tracker comes into play: use the tool to add expenses and save receipt images. To do so, navigate to the Expense Tracker page and click on "Add Expense" to save an expense for the future. This will allow you to maintain a bank of expenses should you have to validate an HSA distribution in future years! You can also store expenses via your **Sentinel mobile app**.

[VIEW EXPENSE TRACKER](#)

To access the Expense tracker, **log into your online account**, hover over Accounts and select the Expense Tracker option. Understanding your expense history will be a key component to getting the most out of your Sentinel accounts in the future.
