

Meet Heather Caton

Heather Caton

Senior Plan Consultant

About Me

Heather joined Sentinel in October of 2011, previously working with Lemaster Daniels and Moss Adams CPA firms as a Senior Pension Administrator for Associated Pension Consultants.

Heather's main job responsibilities include: building genuine relationships with clients; consulting on plan design, compliance testing and staying ahead of the curve with regulatory changes; and providing prompt and effective service to clients' day-to-day needs. Heather enjoys building deeper relationships with her clients and helping them get the most out of their retirement plan.



Educational Background & Experience

- NIPA – Accredited Pension Administrator (APA)

Out of the Office

Heather likes to travel and discover new places. She's an adrenaline junky and likes exciting and adventurous things (skydiving, rappelling down waterfalls, rollercoasters, etc). She also enjoys hiking with her husband, mystery dates, line dancing and wine tasting.

Contact Information

Heather.Caton@sentinelgroup.com