

Meet Kirstyn Jones

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Senior Plan Consultant

About Me

Kirstyn joined Sentinel in January 2020 as part of the ABG Michigan acquisition. Previously, she worked as Senior Plan Consultant for Third Party Administrator firms beginning in 2007. Professionally, she is most proud of winning the Sentinel Impact Player Award saying: "I'd be a team player anyway, but it's fun to be rewarded for it."

Kirstyn enjoys helping clients navigate the rules and regulations of the retirement plan industry, breaking down complexities into smaller pieces so it's convenient to understand. She also appreciates working with her team and sharing ideas so all can succeed and value their work.



Educational Background & Experience

- Bachelor of Arts, Business Administration, Management – California State University, Fullerton
- ERPA, QPA, QKC, QKA Designations

Out of the Office

Kirstyn loves traveling to find nature and live music with family and friends, especially with her two daughters. Her favorite quote is "Don't postpone joy!".

Contact Information

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